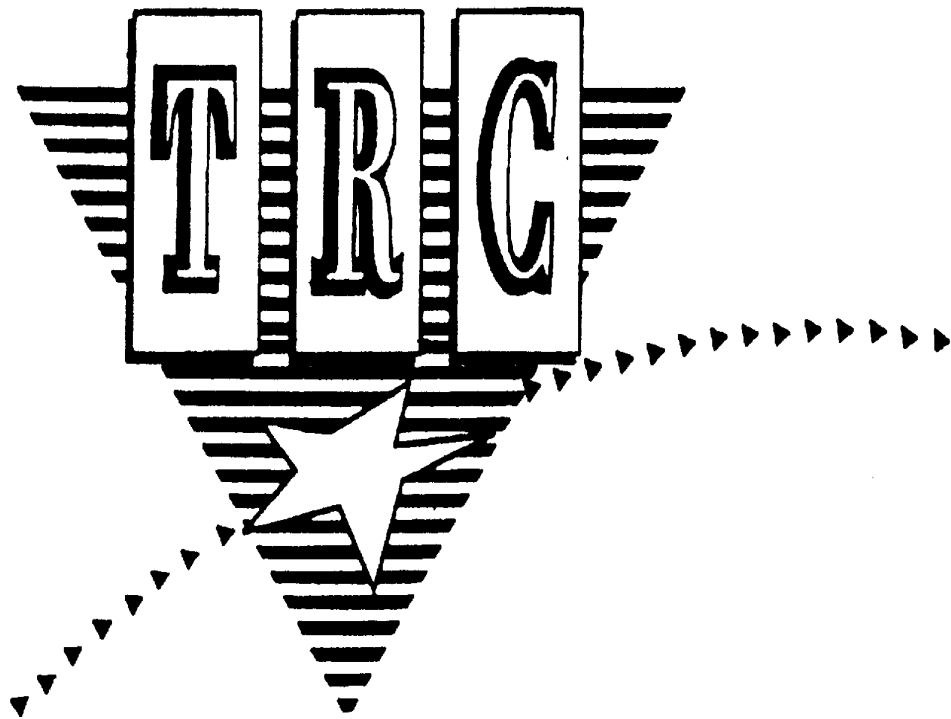


**MONTGOMERY THERAPEUTIC  
RECREATION CENTER  
FALL AFTER-SCHOOL BROCHURE  
AUGUST 17, 2015 - DECEMBER 31, 2015**

**TURNING DISABILITIES INTO WINDOWS OF OPPORTUNITIES!**



**“THE BENEFITS ARE ENDLESS”**

## GENERAL INFORMATION

**Hours of Operation:** The TRC is open the following times:

Monday, Tuesday, Thursday	8:00am to 7:00pm
Wednesday, Friday	8:00am to 5:00pm
Saturday	9:00am to 12:00pm

**City Holidays:** The TRC will be closed the following holidays:

September 7, 2015 Labor Day	October 12, 2015 Columbus Day
November 11, 2015 Veterans Day	November 26, 2015 Thanksgiving Day

## REGISTRATION NOTES

1. Fall registration is Saturday, July 25, 2015 from 9:00am - 12:00pm and Monday, July 27, 2015 through Friday, July 31, 2015 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. **Fees are nonrefundable!**
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Orientation for all Wellness members and assessments for after-school participants are required. Please call for an appointment.
6. Participants should bring more than one check to register to be receipted in different accounts for some programs. All checks should be payable to MTRC.

**Personal Belongings:** The TRC is not responsible for any personal valuables at the center. Please do not bring jewelry, cash, cellular phones, and other items of value to



**New Program Symbol:** When you see this symbol in the brochure, it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

## ADULT DAY PROGRAM

MTRC offers a day program for the individuals who are 21 years of age and older. Participants will engage in various activities such as arts and crafts, swimming, computer activities and much, much more. Individuals will go on community based outings. This program is fee based. For fees and more information, contact Wendy Dobbs.

Days:.....Mon. - Fri.  
Time:.....8:00am - 3:00pm  
Ages:.....21 years and older  
Contact:.....Wendy Dobbs

Check out our Pediatric Program,  
it's one of a kind.

## PEDIATRIC PROGRAM

Come be part of this fun program in our new location. We have many new innovative products to engage and inspire your children! Each week, children will experience a wide variety of activities to improve fine and gross motor skills, sensory difference, trunk balance and much, much more. During the first hour, children are engaged in a wide range of activities and during the second hour, children are engaged in the indoor heated pool.

Day:..... Fri.  
Time:.....10:30am - 12:00pm  
Limit:.....4  
Ages:.....2 - 5 years of age  
Contact:.....Wendy Dobbs

## PARENT INFORMATION

PLEASE PUT YOUR CHILD'S NAME IN/ON  
ALL ITEMS BROUGHT TO TRC TO ASSIST  
STAFF WITH LOST ITEMS, (EX.COATS,  
TOWEL, BOOK BAGS, ETC.)

**Personal belongings: The TRC  
is not responsible for any personal  
valuables at the center. Please  
do not allow your participant to  
bring jewelry, cash, cellular  
phones, or any other items of  
value to the center.**

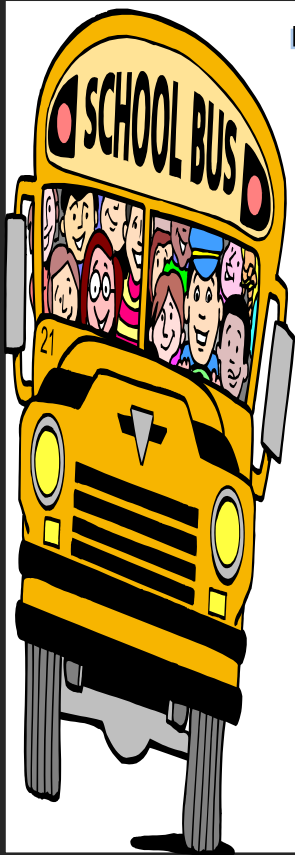
### LATE FEES

**Effective October 3, 2005 a late  
fee will be charged daily when a  
participant is picked up late.**

**The grace period has been  
extended by 5 min. You now  
have 20 minutes. For every  
minute that you are late after  
5:20pm, \$1.00 will be charged.  
Late fees must be paid before  
participants next  
scheduled pick-up date.**

**THIS WAY TO ONLINE REGISTRATION INFORMATION**

## **PARENT INFORMATION**



# **TRANSPORTATION REMINDER**

**IT IS VITAL THAT WE KNOW IF YOUR  
CHILD WILL NOT BE IN SCHOOL.**

**BE SURE TO CALL MTRC EACH DAY YOUR CHILD  
WILL BE ABSENT FROM AN AFTER-SCHOOL  
PROGRAM TO HELP US FACILITATE OUR  
TRANSPORTATION PROGRAM.**

**FAILURE TO NOTIFY THE MTRC THREE  
TIMES IN A SEMESTER MAY RESULT IN  
SUSPENSION OF YOUR CHILD BEING  
TRANSPORTED BY MTRC.**

**IN ORDER TO ASSURE TRANSPORTATION FOR YOUR CHILD FROM  
SCHOOL, ALL REGISTRATION AND TRANSPORTATION FORMS AND  
FEE MUST BE TURNED IN AND PAID BY JULY 31, 2015.**

**BE SURE TO CHECK OUT  
OUR ADAPTIVE SPORTS  
PROGRAM. FOR  
QUESTIONS REGARDING  
PROGRAMS, CONTACT  
CORATIO VINSON AT  
(334)240-4595**

**DON'T MISS OUT ON  
THE FUN! DON'T  
FORGET TO CHECK  
OUT THE SPECIAL  
EVENTS FOR THE  
FALL SEMESTER.**



### MTRC Tiger Basketball

The MTRC Tigers will be gearing up for our upcoming season that starts in the Spring. We will use the Fall to sharpen our ball handling, shooting and defensive skills. Come out and join us. *Program will not meet Sept. 7, 11, Oct. 12, Nov. 23, & 27.*

Day:.....Mon. & Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....13 years and up  
Limit:.....20  
Contact:.....Coratio Vinson

### Blue Marlin Swim Team

Participants must be able to swim the length of the pool using both freestyle and the backstroke. All athletes must have the desire to work and train hard. The team has a parent support group that meets the second Thursday of each month. *Program will not meet Sept. 8, Oct., 22, Nov. 24 & 26.*

Days:.....Tues. & Thurs.  
.....Time:.....

Adult Swimmers.....2:00 - 3:30pm  
After-school.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....9 years and older  
Limit:.....20  
Contact:.....Ralph Evans

**If you want more  
information on our  
adaptive sports programs  
contact, Coratio Vinson  
at 334-240-4595**

### TRC Easy Riders

TRC Easy Riders are getting ready for fall semester. The riders will continue to work on skills needed to compete in upcoming horseshows. *Program will not meet Sept. 8, Oct. 22, Nov. 24, 26.*

Days:.....Tues. & Thurs.  
Time:.....2:00 - 3:30pm  
.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....5 for each time slot  
Cost:.....\$150.00 or monthly  
installments of \$30.00  
Contact:.....Ralph Chrishon

**Strikers** The team will work on developing skills for competition at all local and state Olympic Tournaments. The team practices at Bama Lanes. *Pick up for all Strikers will be at Bama Lanes.*  
*Program will not meet Sep.11 & Nov. 27.*

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....15  
Cost:.....\$72.00  
Contact:.....Chris McNeil

**Remember all Strikers will be  
picked up at Bama Lanes.**

## ADAPTIVE SPORTS

**Sportsmania** is a class filled with odd sports such as skittles,, BOCCE, and body ball. We will also mix in scooters, basketball and many other fun sports. *Program will not meet Oct. 22, Nov. 26.*

Day:.....Thursday  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....13 years and up  
Limit:.....10  
Contact:.....Coratio Vinson

**Pickleball** Pickleball is a fun exciting game that combines elements of badminton, tennis and table tennis (ping pong). If any of these activities suit you, come join us for some fun!!! *Program will not meet Oct. 7, Nov. 11 & 25.*

Day:.....Wednesday  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....13 years and up  
Limit:.....8  
Contact:.....Coratio Vinson

### DREAM COURT ADAPTIVE TENNIS

Dream Court is a Tennis Program designed for individuals with intellectual and/or physical disabilities. If you have ever dreamed of playing tennis, here is your chance, here is your opportunity!!!

The program meets during Sept and Oct:

At The Dream Court

1655 Ray Thorington Rd. Pike Rd, AL 36064

Jessica Weyreuter @ 334.414.1980 or dreamcourtinc@gmail.com

# TRC AFTER-SCHOOL PROGRAMS

## TRC LEVEL PROGRAM

Before Fall Semester begins all TRC participants that have not been assessed will need to schedule an appointment before registering. Participants that were assessed before Fall Semester 2013 will need to be re-assessed. Reassessments must be done every two years for current participants to identify improved functional abilities and new leisure interest. During the assessment, a level of functional ability will be determined for each participant. Participants are only allowed to register for programs that are offered for their functional ability. Please note that many programs have a limit for participation which is on a first come, first serve basis. However this does not apply to team sports or clubs whereby a participant has been in for years. If your child is interested in a team sport or club, please call the contact person for that program. If parents have questions about our process please, call Wendy Dobbs.

### MONDAY

#### **Bricks 4 Kidz** Bricks

for Kidz provides a curriculum which introduces children to engineering, architecture and scientific principles. In these fun educational classes, students will experience hands-on engineering fundamentals as they build motorized models using LEGO bricks. After-school programs allow their imagination and creativity to soar during a free play session at the end of each 1hour class. Participants will follow-step-step instructions, sequence, enhance/develop fine motor skills and work with a partner to foster teamwork and cooperation to name a few benefits of this program. You know it's educational, they think it's fun. **Program will not meet Sept. 7, Oct. 12, Nov. 23.**

Day:.....Mon.  
Time:..... 4:00 - 5:00pm  
Level:.....II, III  
Limit:.....16  
Cost:.....\$75.00  
(or monthly installments of \$15.00)  
Contact:.....Wendy Dobbs

#### **Craft Fever**

All you need is imagination to design for this class. There will be a variety of craft projects that will be created. Your projects will be featured at the Alabama National State Fair. **Program will not meet Sept. 7, Oct. 12, Nov. 23.**

Day:.....Mon.  
Time:..... 4:00 - 5:00pm  
Level:.....III  
Age:.....12 and older  
Limit:.....10  
Cost:.....\$10.00  
Contact:.....Pamla Tilghman


**TRC Round Up** Join us and learn basic skills you need for horseback riding. This class will help you with balance, muscle tone, posture, coordination, and motor skills. This program also allows participants to move up and compete with the TRC Easy Riders, based on a evaluation by the instructor. **Program will not meet Sept. 7, Oct. 12, Nov. 23.**

Day:.....Mon.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....6  
Cost:.....\$30.00  
Contact:.....Ralph Chrishon

**After-School Splash** This after-school program consists of a small group given time for water play and exploration. There will be some fundamentals of water skills introduced and structured activities in the water. Parents are encouraged to join their children for this program. **It is Mandatory that proper swim attire is required for this class every week.** **Program will not meet Sept. 7, Oct. 12, & Nov. 23.**

Day:.....Mon.

Time:.....4:00 - 5:00pm  
Level:.....I  
Limit:.....8  
Contact:.....Jeffery Barlow

 **Mind Games** This class focuses on cognitive domain for all levels. The class is designed to simulate the participants mind while participating in fun therapeutic activities provided by the TRC staff. In the class the participant's will engage in numbers, pictures, letters recognition, reading ability and following direction. Let's the fun begin! **Program will not meet Sept. 7, Oct. 12, Nov. 23.**

Day:.....Mon.  
Time:..... 4:00 - 5:00pm  
Level:.....I, II, III  
Limit:.....12  
Cost:.....\$15.00  
Contact:.....Brad Ellis

#### **Low Impact Aerobics**

This class is designed with fitness in mind as we do fast and slow stretches using mats and balls to music for 30 minutes. The remainder 30 minutes of the class is spent in the weight room using various machines and equipment to tone specific muscle groups. **Program will not meet Sept. 7, Oct. 12, Nov. 23.**


Day:..... Mon.

Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....12  
Contact:.....Wendy Dobbs

**Jag Girls** This young women's group will work on building character and participate in activities that foster a positive self image. This semester the group will enjoy working on special projects, socializing with friends, planning events, and sharing meals together. All participants must be in an after-school program. Participants may not be dropped off for this program until 4:45pm. Program will not meet Sept. 7, Oct. 12, Nov. 23.

Day:..... Mon.  
Time:..... 5:30 - 7:00pm  
Level:.....II, III  
Age:..... 25 years and up  
Limit:.....15  
Cost:.....\$10.00 Annual due  
.....\$5 Monthly fee  
Contact:.....Michelle Glass

## TUESDAY

 **Edible Creations** This will be a fun cooking class where participants will be creating food craft projects and enjoy eating them too! Participants will cook up seasonal recipes that are sure to be a treat. *Program will not meet Sept 8, Nov. 24.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....I, II  
Limit:.....10  
Cost:.....\$40.00  
Contact:.....Katie Johnson

## Green Thumb Garden Club

Have a green thumb? Do you mind getting your hands dirty? Come learn how to grow vegetables, flowers and house plants. See what it takes to care for a garden. *Program will not meet Sept 8, Nov. 24.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....II, III

Age:.....12 years and older  
Limit:.....10  
Contact:.....Michelle Glass

## Let's Talk About It

This program is for teens and young adult who are having trouble expressing their thoughts and feelings. This program is only a program to encourage self-confidence, self-control and to offer a forum and opportunity to participants to discuss things such as peer pressure, fitting in, self image, or just being different or whatever is on their minds. *Participants must have verbal skills to participate in this class. Program will not meet Sept 8, Nov. 24.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Limit:.....10  
Age:.....Must be 16 and older  
Contact:.....Joye Bigelow

## Boardwalk Puzzles and

**More** Enjoy and learn a variety of board games that participants can share at home and play with family and friends. This class will also combine the puzzles and more program and alternate weeks for playing games and solving puzzles. *Program will not meet Sept 8, Nov. 24.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....I, II, III  
Limit:.....12  
Cost:.....\$15.00  
Contact:.....Brad Ellis

## Gentlemen's Club

Attention! We are looking for eager males who are willing to become the finest gentlemen that they can be. This program's focus will be building the qualities and characteristics that truly define what it is to be considered a distinguished gentleman. *Program will not meet Sept 8, Nov. 24.*

Day:.....Tues.  
Time:.....4:00 - 5:00pm  
Level:.....III

Limit:.....15  
Cost:.....\$25.00

## WEDNESDAY

Contact:.....Edward Woods

**Music Matters** This will be an instruction to music skill class taught by Mrs. Gene Davis. The class will include singing, rhythm instruments and hand bells. *Program will not meet Oct. 7, Nov. 11 & 25.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....8  
Cost:.....\$20.00  
Contact:.....Wendy Dobbs

**Giddy Up** We are going to giddy up and enjoy the therapeutic movement of a horse. No riding skills will be taught in this class. We will have a great time playing games while feeling the movement of the horse. We will also pet, groom and give the horses treats. *Program will not meet Oct. 7, Nov. 11 & 25.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....I  
Limit:.....6  
Cost:.....\$40.00  
Contact:.....Ralph Chrishon

## MTRC Bookworms

This program is designed for those who enjoy reading and listening to stories. Each week participants will travel to various libraries. The program instructor and participants will read different books and discuss the theme behind the story. *Program will not meet Oct. 7, Nov. 11 & 25.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....I, II, III  
Limit:.....10  
Contact:.....Brad Ellis

**Let's Go Swimming** This is a learn to swim program. Participants will learn to tread water, enter and exit the



pool without assistance, fundamentals of swimming, freestyle and elementary backstroke. **It is mandatory that proper swim attire is required for this class every week.** **Participants must have been exposed to water activities prior to being register for this program.** *Program will not meet Oct. 7, Nov. 11& 25.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....12  
Contact:.....Jeffery Barlow

**What's Cookin TRC** This program is designed for cooking simple salads and desserts, step by step which will enable our participants to become more independent in the kitchen. At the end of the semester the participants will prepare a meal and receive a cookbook, containing the recipes they prepared. *Program will not meet Oct. 7, Nov. 11& 25.*

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Age:.....12years and older  
Limit:.....12  
Cost:.....\$45.00  
Contact:.....Katie Johnson

**TRC Drama Club** The Drama Club has already received their parts for their 2015 production and will continue to meet to practice for their upcoming performance in November. The members that signed up in the Spring will remain in the Drama Club. New members may sign up for the upcoming production in the Spring of 2016. **This years performance will be at TRC. Program will not meet Oct. 7, Nov. 11& 25.**

Day:.....Wed.  
Time:.....4:00 - 5:00pm  
Level:.....III  
Age:.....12 years and older  
Limit:.....10  
Contact:.....Pamla Tilghman

## THURSDAY

**Fun in The City** This program is filled with fun games and activities. Individuals will go on community based outings and also travel to various Playgrounds to visit. *Program will not meet Oct. 22, Nov. 26.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....10  
Contact:.....Brad Ellis

**MTRC Dance And Karaoke** If you love to sing and dance? Then register for this fun program. We will dance till we drop and sing our hearts out. We will have Fun!!! Fee pays for music and an end of semester pizza party. *Program will not meet Oct 22 & Nov. 26.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....15  
Cost:.....\$10.00  
Contact:.....Joye Bigelow

**Discovering the World through Tales** Come explore and discover through the world of stories. This story time class teaches the fundamentals of vocabulary, social skills, and comprehension skill. Participants will enjoy a stimulating session of age appropriate stories, songs, and activities that are encouraging, inspirational, and educational. *Program will not meet Oct 22 & Nov. 26*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....I, II  
Limit:.....16  
Cost:.....\$10.00  
Contact:.....Katie Johnson

**Sensory Fun** Sensory Fun is devoted to providing sensory experiences for the participant. We will use all five senses to explore new experiences and create fun craft projects. This class will allow the student to explore and express in a calming

environment. Come and enjoy the sensory fun! *Program will not meet Oct. 22, Nov. 26.*

Day:.....Thurs.  
Time:.....4:00 - 5:00pm  
Level:.....I  
Limit:.....10  
Cost:.....\$15.00  
Contact:.....Michelle Glass

## FRIDAY

**Fine Arts & Painting** Enjoy looking into the world of fine arts level painting. Participants will be introduced to varying styles of art and explore professional level tools and supplies. We will look at composition and form as we paint in an effort to develop a more professional style of finished work. Participants will work in the mediums of water colors, mixed media, acrylic, and if time permits oils. If you have ever wanted to learn to paint this is your opportunity. *Program will not meet Sept. 11, Nov. 27.*

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....II, III  
Limit:.....6  
Cost:.....\$40.00  
Contact:.....Michelle Glass

**Interactive Story Telling** Interactive story telling encourages children to engage in story time. This class will utilize computers to encourage participation in storytelling as children learn through stories. Everything from basic syntax grammar to more complex concepts like moral and ethical behavior and concepts of cause and effect. *Program will not meet Sept. 11, Nov. 27.*

Day:.....Fri.  
Time:.....4:00 - 5:00pm  
Level:.....I, III  
Limit:.....8  
Contact:.....Joye Bigelow



## FRIDAY

### Zumbatomic (Zumba kids pro-

**gram)** Forget soccer or karate class get them involved in the Zumba kids program. Zumbatomic is a fun, healthy program for kids using the Zumba fitness concept. It's a dance fitness class specially adapted for kids that incorporate ZUMBATOMIC music and dance movement which creates an exciting, fun and effective exercise.

This program uses music that is 100 percent kid friendly. The goal of ZUMBATOMIC is that the kids will develop a healthy lifestyle and learn to incorporate fitness as a natural part of their lives. Developing a healthy lifestyle includes, leadership, respect, teamwork, pride, coordination and self-confidence. ZUMBATOMIC is a explosion of music, dance and energy!!! **Items to bring and wear to**

**class:** a towel, and a bottle of water.

**Please wear loose fitting clothing and sneakers or dance shoes that are comfortable but without a lot of tread.** In this class it's about the dance moves....it's getting them to move!!!! So

DITCH THE WORK, and Join the Party!!!! **This is not an aquatic program.**

**Program will not meet Sept. 11, Nov. 27.**

**Day:**.....Fri.

**Time:**.....4:00 - 5:00pm

**Level:**.....II, III

**Limit:**.....10

**Contact:**.....Ralph Evans

### MTRC Movie Theatre

Do you enjoy action packed movies, while munching on popcorn and drinking sodas? If this sounds good to you, then come join this fun group and watch a great movie. Fee pays for popcorn, drink and new movies. **Program will not meet Sept. 11, Nov. 27.**

**Day:**.....Fri.

**Time:**.....4:00 - 5:00pm

**Level:**.....I, II, III

**Limit:**.....20

**Cost:**.....\$20.00

**Contact:**.....Brad Ellis

## SPECIAL EVENTS

### Back To School Bash

Start the school year with a bang! TRC will start off the 2015 - 2016 school year with a Back to School Bash Dance. We will have a DJ, a dance contest with a 1st, 2nd, and 3rd place winner. We will have special guests and a lot of surprises. This will be the best Back to School Bash ever, don't miss out on the fun!!!! **Only participants registered for this days program will be picked up for this event.**

**Date:**.....TBA

**Time:**.....3:00 - 5:00pm

**Contact:**.....Joye Bigelow

### Camp ASCCA

Do you enjoy a weekend full of exciting outdoor activities at beautiful Camp ASCCA located at Lake Martin. Activities include arts and crafts, physical games, boating and swimming.

**After-school programs area cancelled for this event.**

**Date:**...Fri. Sept. 11-Sun. Sept 13, 2015

**Time:**.....TBA

**Level:**.....I, II, III

**Limit:**.....18

**Cost:**.....TBA

**Contact:**.....Wendy Dobbs

### Broadway Under the Stars

Join the Montgomery Symphony Orchestra for the 29th annual Broadway Under the Stars. Come enjoy an evening of Broadway hits amidst the beauty of the Blount Cultural Park. This event takes place lakeside at the park, so bring a lawn chair or blanket to enjoy the concert in comfort. Participants will eat dinner first at a local eatery.

**Date:**.....Thurs, Sept. 10, 2015

**Time:**.....5:30 - 9:30pm

**Level:**.....I, II, III

**Limit:**.....15

**Cost:**.....TBA

**Contact:**.....Katie Johnson

### Football Auburn Football

Experience a football Saturday on the plains on Sat. Sept. 12, 2015 in Auburn, Alabama. Auburn will be taken on the Jackson State Tigers. We will meet at TRC at 7:45am and leave at 8:00am. Dinner will provided on the return to TRC. We should be back at TRC at 5:30pm, we will call if we are finish early or if we are running late.

**Date:**.....Sat., Sept. 12, 2015

**Time:**.....7:45am - 5:30pm

**Level:**.....III

**Limit:**.....12

**Cost:**.....\$40.00

**Contact:**.....Chris McNeil

### Fair Day

Join TRC at the Alabama National State Fair. Activities include exhibits and entries from our own arts and crafts classes. TRC will not provide lunch for this event so please bring your lunch or bring a minimum of \$12.00. If you plan on purchasing something, please bring extra monies.

**Date:**.....Wed., Oct. 7, 2015

**Time:**.....TBA

**Level:**.....I, II, III

**Limit:**.....25

**Age:**.....13 years and up

**Contact:**.....Pamla Tilghman

### Halloween Dance

Come and enjoy a evening of dancing. Dress as your favorite character. There will be a costume judging contest for the most creative costume. Refreshments will be served.

**Date:**.....Thurs., Oct. 22, 2015

**Time:**.....7:00 - 9:00pm

**Cost:**.....\$4.00 per person at the door

**Level:**.....I, II, III

**Contact:**.....Pamla Tilghman

## SPECIAL EVENTS

### Holiday Dinner & Play

Drama Club invites you to an evening of entertainment. Bring your family and a covered dish. Come enjoy an atmosphere of laughter and fun. This event will be held back at TRC. *After-school programs area cancelled for this event.*

Date:.....Mon., Nov. 23, 2015

Time:.....6:00 - 8:00pm

Contact:.....Pamla Tilghman

### Finding a Gift of Love at

**Christmas** This is all about Christmas shopping. Participants will find that perfect gift for their love ones than have lunch at a local establishment.

Date:.....Sat., Dec. 12, 2015

Time:.....10:00am - 2:00pm

Level:.....III

Limit:.....15

Cost:.....\$15.00

Contact:.....Pamla Tilghman

### Showing Santa Our Sweet

**Side** The participants will decorate sugar cookies and rice crispy treats as Santa comes in and decides, "Who's been naughty and who's been nice" while viewing their sweets. *Only participants registered in after-school programs will be picked up from school.*

Date:.....Tues., Dec. 8, 2015

Time:.....4:00 - 5:00pm

Level:.....I, II, III

Contact:.....Pamla Tilghman



**STAFF AND MANAGEMENT  
FROM MTRC  
WISHES EVERYONE  
HAPPY HOLIDAYS  
AND A  
HAPPY NEW YEAR**

# ONLINE REGISTRATION

1. Decide on programs: fill out registration form.
2. Enter [www.montgomeryal.gov](http://www.montgomeryal.gov)
3. Next, place the cursor on “How Do I” at the top of screen.
4. A drop down menu will appear underneath the heading “register” click on Therapeutic Recreation Center.
5. The link to register will be on Therapeutic Recreation Center’s page.
6. Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.

## FREQUENTLY ASKED QUESTIONS

### Who can register?

Online registration is for fall semester program and participants wanting to register for the fall semester. These participants should be able to register from any computer with internet access.

### How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

### Will anyone be able to register before 9:00?

NO! The company will not let you register before 9:00am.

### What if I don’t have a computer?

The MTRC will be open Sat., July 25, 2015, so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

### When are fees due?

All fees are due in full by Friday, July 31, 2015, or your registration will be cancelled.

**There will be a \$6.00 registration fee for all fall programs.**

# FALL 2015 REGISTRATION FORM

Date \_\_\_\_\_

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Level: I II III

Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

D.O.B. \_\_\_\_\_

E-mail Address \_\_\_\_\_ @ \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency number: \_\_\_\_\_

Disability: \_\_\_\_\_

Directions: Please indicate the activities you/your child would like to attend this semester.

## MONDAY

\_\_\_\_ Brick 4 Kidz II, III  
\_\_\_\_ Jag Girls II, III  
\_\_\_\_ After-school Splash I  
\_\_\_\_ TRC Round-UP II, III  
\_\_\_\_ Craft Fever III  
\_\_\_\_ Low Impact Aerobics II, III  
\_\_\_\_ Mind Games I, II, III

## TUESDAY

\_\_\_\_ Edible Creations I, II  
\_\_\_\_ Gentlemen's Club III  
\_\_\_\_ Green Thumb Garden Club II, III  
\_\_\_\_ Blue Marlin Swim Team II, III  
\_\_\_\_ Let's Talk About It III  
\_\_\_\_ Boardwalk and More I, II, III

## WEDNESDAY

\_\_\_\_ What's Cookin TRC II, III  
\_\_\_\_ Giddy Up I  
\_\_\_\_ TRC Drama Club III  
\_\_\_\_ Music Matters II, III  
\_\_\_\_ Let's Go Swimming II, III  
\_\_\_\_ Bookworms I, II, III

## THURSDAY

\_\_\_\_ Sensory Fun I  
\_\_\_\_ MTRC Dance /Karaoke II, III  
\_\_\_\_ Blue Marlin Swim Team II, III  
\_\_\_\_ The World Through Tales I, II  
\_\_\_\_ Fun In The City II, III

## FRIDAY

\_\_\_\_ Movie Theatre I, II, III  
\_\_\_\_ Fine Arts Painting II, III  
\_\_\_\_ Zumbatomic II, III  
\_\_\_\_ Strikers II, III  
\_\_\_\_ Interactive Story Telling I, II

## DAY PROGRAMS

\_\_\_\_ Day Program  
\_\_\_\_ Pediatric Program

## ADAPTIVE SPORTS

\_\_\_\_ Pickleball II, III  
\_\_\_\_ Sportsmania II, III  
\_\_\_\_ TRC Easy Riders II, III  
\_\_\_\_ Tigers Basketball II, III

## SPECIAL EVENTS

\_\_\_\_ Back to School Bash I, II, III  
\_\_\_\_ Broadway Under the Stars I, II, III  
\_\_\_\_ Camp ASCCA I, II, III  
\_\_\_\_ Football Auburn Football III  
\_\_\_\_ Fair Day I, II, III  
\_\_\_\_ Halloween Dance I, II, III  
\_\_\_\_ Holiday Dinner & Play  
\_\_\_\_ Showing Our Sweet Side I, II, III

\_\_\_\_ Finding a Gift of Love III

## WELLNESS

____ Open Lab	____ AEP	____ Individual Fitness Room	____ Simple Sewing
____ Ask MTRC	____ Have it Your Way	____ Potluck Brunch	____ Fine Arts Painting
____ One - On - One	____ TRC Spec's	____ Wise Club	
____ Energize Me	____ Family Splash	____ That's what Friends Are For	
____ On the Move	____ Wellness Assessment	____ Senior Ceramics	
____ Early Bird Series	____ Stretch - n - Tone	____ Holiday Meet & Greet	
____ Aqua Zumba	____ Land Exercise		

Method of payment: \_\_\_\_ Cash \_\_\_\_ Check # \_\_\_\_\_ Locker Fee \_\_\_\_\_ \$10.00 Locker # \_\_\_\_\_

Wellness Fee: \_\_\_\_\_ Late Fee: \_\_\_\_\_ \$5.00 Other Fee/s \_\_\_\_\_

Total Amount Due: \$ \_\_\_\_\_ Amount Received: \$ \_\_\_\_\_ Date Received: \_\_\_\_\_

Received By: \_\_\_\_\_ Receipt # \_\_\_\_\_ Receipt Given: \_\_\_\_ Yes \_\_\_\_ No

# DATES TO REMEMBER

Sat., July 25, 2015.....	Fall registration Begins
Fri., July 31, 2015.....	Fall Registration Ends
Mon., August 17, 2015.....	Fall After-school programs begin
TBA.....	Back To School Bash
Mon., Sept. 7, 2015.....	Labor Day <i>TRC Closed</i>
Tues., Sept. 8, 2015 .....	MPS Staff Develop Day (Students will not attend school)
Fri., Sept. 11 - 13, 2015.....	Camp ASCCA <u>After-school programs cancelled</u>
Thurs., Sept. 10, 2015.....	Broadway Under The Stars
Wed., Oct. 7, 2015.....	Fair Day <u>After-school program cancelled</u>
Monday, October 12, 2015.....	Columbus Day <i>TRC Closed</i>
Sat., Sept. 12, 2015.....	Football Auburn Football
Thurs., Oct 22, 2015.....	Halloween Dance <u>After-school program cancelled</u>
Wed., Nov., 11, 2015.....	Veterans Day <u>TRC Closed</u>
Mon., Nov. 23, 2015.....	Holiday Dinner & Play <u>After-school program cancelled</u>
Mon., Nov., 23—Fri., Nov. 27, 2015.....	Thanksgiving Break
Tue., Dec. 8, 2015.....	Showing Santa our Sweet Side
Sat., Dec. 12, 2015.....	Finding a Gift of Love at Christmas
Fri., Dec. 18, 2015.....	Last Day of after-school programs
Mon., Dec. 21 - Mon., Jan. 4, 2016.....	Winter Break

**Montgomery Therapeutic Recreation Center**

**604 Augusta Street**

**Montgomery, Alabama**

**334.240.4595**

**City Officials**

**Todd Strange, Mayor**

**Michael Briddell, Director of Public Information & Extra Affairs**

**Leisure Services**

**Rob Spivery, Director**

**Fredrick Thomas, CTCR, Superintendent of Recreation**

**MTRC Staff**

**Wendy Dobbs, CTCR, Director**

**Coratio Vinson, Adapted Sports Coordinator**

**Ralphina Evans, Asst. Aquatics Coordinator**

**Pamla Tilghman, Creative Arts Coordinator**

**Brad Ellis, General Recreation Instructor**

**DeCarlos Chrishon, Aquatics Instructor**

**Ralph Chrishon, General Recreation Instructor**

**Sampson Cotton, General Recreation Instructor**

**Broderick Leonard, General Recreation Instructor**

**Deborah Duncan, Secretary**

**Jeffery Barlow, Aquatics Coordinator**

**Joye Bigelow, Resource Lab Coordinator**

**Chris McNeil, General Recreation Coordinator**

**Michelle Glass, Asst. Creative Arts Coordinator**

**Edward Woods, Aquatics Instructor**

**Debra DeJong, Aquatics Instructor**

**Katie Johnson, General Recreation Instructor**

**Bo Taylor, General Recreation Instructor**

**Bernard Burton, General Recreation Instructor**

**Lytericka Gray, Custodian**

**David William, Custodian**

**Montgomery Therapeutic Recreation Center is a Facility of the City of Montgomery Leisure Services Department**